



SHILDON RUNNING & ATHLETIC CLUB

www.shildonrunning.co.uk

present

The Anne Marie Readshaw Memorial Open Track & Field Meeting Sunday April 18th 2010

Stadium 2000 - Schildon
First Event 12.00 Noon

Age Groups & Events

U11 Girls	60m	150m		600m		Long Jump		Cricket Ball Throw
U11 Boys	60m	150m		600m		Long Jump		Cricket Ball Throw
U13 Girls	100m	200m		800m		Long Jump	High Jump	Shot Putt
U13 Boys	100m	200m		800m		Long Jump	High Jump	Shot Putt
U15 Girls	100m	200m		800m		Long Jump	High Jump	Shot Putt
U15 Boys	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt
U17 Boys	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt
U17 Girls/Senior Ladies	100m	200m		800m	3000m	Long Jump	High Jump	Shot Putt
Senior Men	100m	200m	400m	800m	3000m	Long Jump	High Jump	Shot Putt

Disability Age Groups & Events

U11 Girls	60m		300m		Long Jump		Cricket Ball Throw
U11 Boys	60m		300m		Long Jump		Cricket Ball Throw
U13 Girls	60m		300m		Long Jump		Shot Putt
U13 Boys	60m		300m		Long Jump		Shot Putt
U15 Girls	60m		300m		Long Jump		Shot Putt
U15 Boys	60m		300m		Long Jump		Shot Putt
U17 Boys	60m		300m		Long Jump		Shot Putt
U17 Girls/Senior Ladies	60m		300m		Long Jump		Shot Putt
Senior Men	60m		300m		Long Jump		Shot Putt

The 3000m races will be run as mixed age groups. Short Sprint events will consist of heats and final where necessary.

Other events may be combined where necessary

All events will be graded with mementos awarded to the first three overall in each age group

In Association With



Entry Fee £2.50 per event.

For details please call 01388 773436

Closing date for entries: Monday April 12th 2010

Number, order of events and directions to be sent out before event.

Results will be available on our web-site www.shildonrunning.co.uk

In Association With



**Pulman
Volkswagen**

Durham
0191 3837525

Schildon Town Council



**Bishop Auckland
College**

Bishop Auckland
01388 443000

Bishop
Auckland
College



SHILDON RUNNING & ATHLETIC CLUB

www.shildonrunning.co.uk

The Anne Marie Readshaw Memorial Open Track & Field Meeting

Please be sure to complete ALL sections of this form clearly in CAPITAL letters

Name

Address

.....

.....

Postcode Tel.....

E-Mail

Please include your e-mail address if you have one as it will be used to confirm receipt of your entry and to provide you with further details about the event.

Club Date Of Birth.....

U11 U13 U15 U17 SEN

DISABILITY ATHLETE

MALE

FEMALE

YES

NO

Event 1	Event 2	Event 3	Event 4

Entry Fee £2.50 per event.

I declare that I am an amateur as defined by UK Athletics Rules for competition

Signature Date.....

Age Groups

U11's ARE CLASSIFIED AS UNDER 11 ON THE DATE OF THE COMPETITION

All other age groups are as at 31 August 2010

Make all cheques payable to Shildon R & AC and send with entry form to:-

Competition Secretary, 12 Thickley Terrace, Shildon, Co Durham. DL4 2LJ

Closing date for entries: Monday 12th April 2010



In Association With



Number, order of events and directions to be sent out before the event;

If you have not received your numbers by Thursday April 15th please phone 01388 773436 or e-mail: secretary@shildonrunning.co.uk

In Association With



Pulman Volkswagen
Durham
0191 3837525

Shildon Town Council



Bishop Auckland College
Bishop Auckland
01388 443000

Bishop Auckland College

EMAIL